



Advanced Diagnostic and Specialized Services

Ingalls is a one-stop shop for all your orthopedic needs. Each of our Urgent Aid locations offers personalized care and services, including digital X-ray, MRI and CT scanning for emergencies such as broken bones, sprains, strains, cuts and bruises. We also offer physical therapy services at five convenient locations. Our Flossmoor and Tinley Park facilities offer an underwater treadmill and aquatic therapy, respectively. Nutritional counseling, therapeutic devices, massage therapy and injury prevention education are available at your request.

Participating physician offices are located in:

- Calumet City
- Flossmoor
- Oak Lawn
- Olympia Fields
- Orland Park
- Tinley Park
- Northwest Indiana



Get Back in the Game... Fast!

Immediate treatment is the key to staying in the game. Access to urgent care, expert physicians and a variety of specialty services are just a phone call away. Don't lose valuable playing time – call the Ingalls Sports Network today!

Call the Ingalls Sports Network today, and be treated right away!

708.915.0UCH!

(6 8 2 4)



Orthopedic surgeons providing services at Ingalls Memorial Hospital and Urgent Aids are independent medical practitioners and not employees or agents of Ingalls.



You make the call!



INGALLS SPORTS NETWORK

INGALLS SPORTS NETWORK

Whether you're a student athlete or an adult who plays on a recreational team, sports injuries happen to the best of us. If you or a family member has gotten hurt on the field, don't sweat it! Turn to the medical experts with the Ingalls Sports Network (ISN), where you'll receive prompt, professional treatment to help you get back in the game. We go the distance to evaluate, treat and rehabilitate injuries incurred by athletes. Even if you're not an athlete, there's no need to worry. You can count on our team for all your orthopedic needs.



Ingalls Urgent Aid Centers

When an injury occurs, we work with you to get the best care available. If immediate treatment is required, you should go to the nearest emergency room. For added convenience, you may call the injury hotline and request that the ISN coordinator call ahead to the nearest Ingalls Urgent Aid. With locations in Calumet City, Flossmoor and Tinley Park, our Urgent Aid Centers serve as a 24/7 extension of Ingalls Emergency Department, offering same day evaluation and treatment for non life-threatening orthopedic and sports injuries - without the wait of a hospital emergency room.

Calumet City

1600 Torrence Ave
(at 170th & Torrence)

Flossmoor

19550 Governors Hwy
(between Kedzie & Vollmer)

Tinley Park

6701 West 159th Street
(just east of Oak Park Ave.
on 159th St.)



24-hour Injury Hotline

Your care begins with a call to the Ingalls Sports Network injury hotline at **708.915.OUCH** (6824). Our ISN coordinator is available day or night, including week-

ends, to arrange for your treatment. Early treatment is the key to preventing a minor ache or pain from developing into a more serious problem. Play it safe and let the Ingalls Sports Network help keep you at the top of your game.



Physician Referrals Within 24-48 Hours

The goal of the Ingalls Sports Network is to provide fast, comprehensive, high quality care. If a visit to an orthopedic physician or other specialist is requested, our coordinator will arrange an appointment within 24-48



hours of your call. Participating physicians in the Ingalls Sports Network include experts in sports medicine and joint injuries. They are trained in the latest advancements in joint care and minimally invasive procedures, including arthroscopic surgery, cartilage restoration, joint revision and joint reconstruction. The ISN coordinator will assist you to match you with a physician who accepts your insurance.

